

Community Resources

Helpmate – Domestic Violence 24-Hour Hotline: 828.254.0516

- Emergency shelter
- Individual and group counseling
- Help building a safe, stable future
- Court advocacy
- Training of professionals and community leaders
- Preventive education for at-risk groups including youth groups

United Way 2-1-1

- By simply dialing 2-1-1, anyone in the Asheville community can speak to a real person and find the help they need - 24 hours a day, 7 days a week

United Way Ontrack credit/budgeting classes 828.255.5166 or 1-800-737-5485

- schedule an in-person or telephone appointment with one of their certified financial counselors or to sign up for an education class. Appointments are available in the Asheville office on weekdays, evenings, and Saturdays and at satellite offices throughout western NC

Pisgah Legal Services 828.253.0406

Provides legal aid to:

- Prevent eviction and foreclosure, including mobile home parks
- Improve substandard housing condition
- Obtain or preserve eligibility for housing subsidies
- Help with discrimination and disability accommodation
- Provide protection for seniors, veterans, people living with HIV/AIDS

HOPE Program (Housing Opportunities and Prevention of Evictions) 888-927-5467

- <https://www.rebuild.nc.gov/hope-program>
- **COVID-19 SPECIFIC:** Rent and utility assistance to eligible low- and moderate-income renters experiencing financial hardship
- HOPE will provide rent and utility assistance for renters that:
 - o Have been affected by the economic impact of the coronavirus pandemic
 - o Have a household income that is 80% of the area median income or lower

- o Occupy the rental property as their primary home, and are behind on their rent or utilities when they apply
- o Applicants who reapply for rent assistance may also reapply for utility assistance.

ABCCM 828.259.5300

- Food pantry and food aid
- Utility bills, car repairs, bus tickets, money to prevent eviction, rent and housing needs

Department of Health and Human Services 828.250.5500

- Crisis intervention program for utilities and rental assistance

St. Vincent de Paul Society – Buncombe County 828.236.8555

- rent, utility bills, car repairs, bus tickets, food aid, money to prevent eviction
- Preference given to families with children and the elderly
- Help given once a year with a limit of \$200
 - o Assistance given only if it will catch client up on the bill
- No same day assistance
- Food delivered to those who are home bound
- Call on Monday 8am – 12pm (first 10 calls are considered)
- Must be a resident of East Asheville, Swannanoa, or Black Mountain

Eblen Charities 828.255.3066

- Rental assistance, Utility assistance - including gas heating
- Office hours 8am – 5pm Monday – Friday

Swannanoa Community Council 828.775.5595

- Utility bills and pharmacy assistance for residents of Swannanoa

Salvation Army 828.253.4723

- Housing, including help with rent and/or mortgage payments.
- Financial assistance with paying utility or energy bills.
- Free food for families, including pantries and help in applying for government assistance like TANF or WIC

- Medical help such as prescription medication vouchers and referrals to clinics.
- Clothing, with an emphasis on work and school clothes as well as supplies for students.
- Transportation assistance, including free gas or help for car repairs.
- Many free basic need programs operate, and they offer help in a crisis. Find more details on Salvation Army and other charities [free items and household stuff](#).

Biltmore United Methodist Church [828.274.2379](tel:828.274.2379)

- Gas assistance, utility assistance, and rent assistance
- Financial assistance once a month on the fourth Tuesday
- Call one week before assistance to make appointment
- Assistance limited to once every four months \$25 - \$50 as funds last per household
- Bring picture ID, utility bill for assistance with utilities, or lease for assistance with rent
- Contact hours: Usually the fourth Tuesday of the month, 9:00 a.m. - 10:30 a.m.
- Eligibility zone: Focus on Buncombe County residents; Residents from outside Buncombe County in need will not be turned away

Biltmore (Baptist) Church [828.687.1111](tel:828.687.1111)

- Call to request Benevolence Request, fill out, drop off to their office for the church staff to review at a later date

Foster's 7th Day Adventist Church [828.274.2014](tel:828.274.2014)

- Financial assistance needs to be done in person, and only on Tuesdays
- 375 Hendersonville Road, Asheville, NC 28803
- Limited utility assistance, and sometimes bus tickets or even laundry vouchers may be distributed
- Food aid: Tuesday, 9:00am - 11:30am

Manna Food Bank 1.800.820.1109

- Food assistance
- To determine your eligibility for FNS (Food and Nutrition Services, or Food Stamps) or for more information, call the [MANNA Food Helpline](#) at 1-800-820-1109, Monday through Friday from 9 a.m. to 4 p.m.
- The MANNA website also provides a list of all the areas in Western North Carolina to find food resources for that month

Biltmore Church of God Food Pantry 828.274.7351

- Open Wednesdays, 4:30pm – 6:00pm
- Bring ID to obtain food box
- 1390 Sweeten Creek Road Asheville, NC 28803

Bounty and Soul 828.419.0533

- Provides fresh produce and wellness education for everyone
- 999 Old US Hwy 70 Black Mountain, NC 28711
- Tuesday Market 11am – 1pm and Friday Market 4pm – 6pm at the old Bi Lo parking lot in Black Mountain

Catholic Charities 828.255.0146

- Case management
- Food pantry services

Council on Aging 828.277.8288

- Open Monday-Friday 9:00 AM-4:30 PM
- Located at 46 Sheffield Circle Asheville, NC 28803

Housing Authority City of Asheville 828.258.1222

- Open Monday through Thursday 9am – 5pm
- 165 S French Broad Ave Asheville NC 28801
- Housing voucher assistance

Buncombe Partnership for Children 828.285.9333

- Child care programs
- 2229 Riverside Drive Asheville, NC 28804

Green Opportunities 828.398.4158

- Job training
- 133 Livingston Street Asheville, NC 28801

Buncombe County Career Center 828.298.9023

- Goodwill's Asheville Career Center
1616 Patton Avenue, Asheville NC 28806
- Career connections and free trainings

Liberty Corner Enterprises 828.254.9917

- "dedicated to supporting persons with developmental disabilities in their quest to achieve human dignity through living, working, and playing in the homes, jobs, and neighborhoods of their choice"
- 119 Tunnel Road, Suite 120 Asheville, NC 28805

Laundry Love

- Free laundry on the last Sunday of the month 12:30pm – 4pm with last load ending at 3:30pm
- Transportation available at BeLoved House on Grove St

BeLoved House (828) 571-0766

- <https://belovedasheville.com/>

Vaya Health 828.225.2785

- 24- Hour Hotline: 1-800-849-6127

Community Action Opportunities (828) 252-2495

- <https://communityactionopportunities.org/>
- 25 Gaston St. Asheville, NC 28801
- Business Hours: 8:30 AM-5:00 PM Monday-Friday

Programs:

- HeadStart: Head Start is really about getting a leg up. We give children 3-5 years old – and their families – the support they need to keep up with their peers and get ahead in life.
- LifeWorks: Life Works helps families increase their income by supporting them with education/training, helping them obtain full time, living-wage

work while learning to manage their finances. Our team can work with you on everything from child care to career counseling, financial assistance to housing.

- Weatherization: Our weatherization program is about more than keeping the weather where it ought to be. Learn how we can reduce power usage while making your home safer, warmer, healthier and happier.
- **COVID-19 SPECIFIC**: Project UPLIFT to provide emergency assistance to residents who have been negatively impacted by COVID-19 in Buncombe, Henderson, Madison, McDowell, Polk and Transylvania counties. Families/individuals must have a referral from a partner agency. Project UPLIFT prioritizes families who are facing eviction, previously homeless, disqualified for other federal/state assistance, in domestic violence situations, or have certain health conditions and/or disabilities.

All Souls Counseling <https://allsoulsounseling.org/>

- Call (828) 259-3369 to make an appointment for accessing therapy. When calling, you will be referred to ASCC's Clinical Manager. We do not accept walk-ins. During the pandemic we are having phone sessions only with screening and therapy sessions. The Clinical Manager will ask you a few questions to determine whether our services are appropriate, which will include the reason(s) you are seeking counseling. If appropriate, you will be set up with one of our therapists and you will receive a call from him/her to schedule your first appointment. It can take one to three weeks for you to receive this call from the therapist.
- We provide counseling services on a sliding scale fee basis based on your annual household income and ability to pay. We do not accept Medicare, Medicaid, or private insurance.
- Your therapist will explain the procedure for a referral to our psychiatrist and the fees associated with this service.
- All Souls Counseling Center strives to be 100% judgment and stigma-free. Any information you share during your contacts with ASCC will be treated with the strictest confidentiality as allowed by law.

RHA [1.800.848.0180](tel:1.800.848.0180)

- Disability Services
- Mental Health Services

- Substance Use Services

Asheville, North Carolina – C3356 Comprehensive Care Center

- Hours Monday – Friday, 8am – 5pm
- 356 Biltmore Avenue, Asheville, NC 28801
- Behavioral Health Crisis Center, Monday – Friday, 8am – 8pm
- Same Day Access Hours: Monday – Friday, 8am – 5pm
- Walk-In Crisis Hours: Monday – Friday, 8am – 5pm

If you come in after 3pm, you will meet briefly with a clinician, but will most likely be asked to come back tomorrow, because our first time assessment takes about 2 hours. Child and Adolescent appointments may be scheduled.

- **Mobile Crisis number:** 1-888-573-1006 (available 24/7)

National Suicide Prevention 1-800-273-8255 (800-273-TALK)

- A free, 24-hour hotline available to anyone in suicidal crisis or emotional distress.